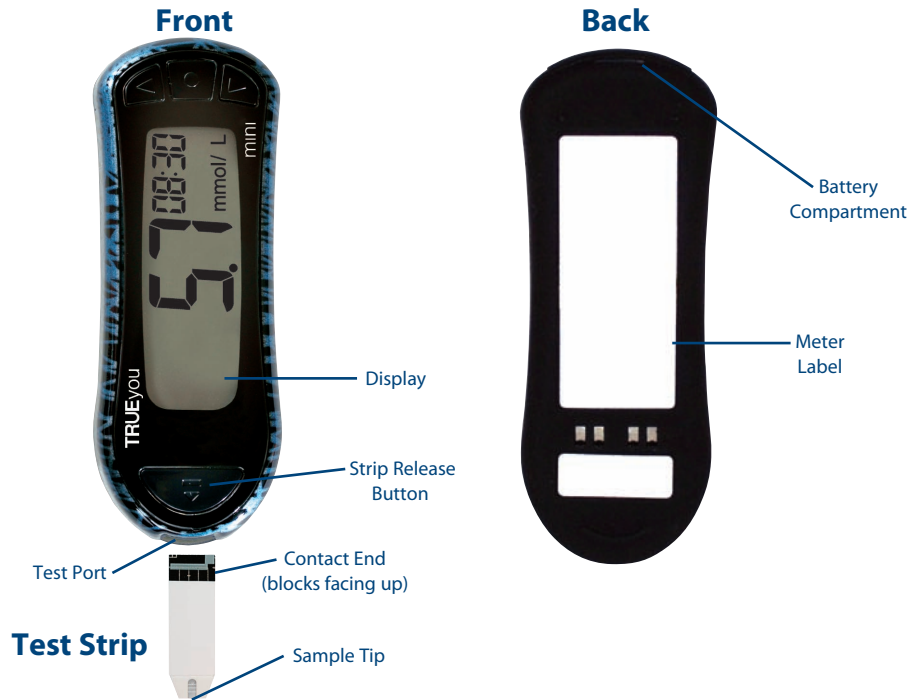


Checking Your Blood Glucose Using TRUEyou mini

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components



Blood Glucose Testing

1



Wash your hands with warm, soapy water.

2



Remove Test Strip from vial and close vial immediately. Insert Test Strip into Test Port with Contact End (blocks facing up). The Meter turns on.

3



Lance your finger.

4



With Test Strip still in Meter, touch sample tip to top of blood drop and allow blood to be drawn into strip. Remove from blood drop immediately after dashes appear across Meter Display.

5



In as fast as 4 seconds, glucose result will be displayed with date and time.

6



Hold Meter with Test Strip pointing down. Press Strip Release Button to discard the used Test Strip in the appropriate container.

This guide provides a brief overview on testing your blood glucose. If you need information about setting up your Meter with correct date and time, consult the "Getting Started" section of Owner's Booklet. For more detailed information on complete blood glucose testing procedure, consult "Testing Blood" section in the Owner's Booklet.

Note: Lancing device is for self-testing and intended for use by one patient only. Not suitable for use by healthcare or care workers.

© 2013 Nipro Diagnostics, Inc. • N4GBY08FD Rev. 21

Distributed by:
Nipro Diagnostics (UK) Ltd
25 Barnes Wallis Road
Segensworth East
Fareham, Hampshire
PO15 5TT
Customer Care
☎ UK: 0800 08 588 08

NIPRO 
DIAGNOSTICS
2400 NW 55th Ct
Fort Lauderdale FL 33309 U.S.A.